

Services offered by Village Health include:

### HEALTH ASSESSMENT

- Pain Management & Imagery
- Health and Wellness Management

### HEALTH SERVICES

- Acupuncture
- Chiropractic
- Counseling including:
  - Individual, Couples, & Family
- Addiction Treatment
- Energy Medicine including:
  - Jin Shin Jyutsu
  - Reiki
- Plant Spirit Medicine & Flower Essences
- Healing Evenings
- Holistic Health Products
- Holistic Nursing
- Massage Therapy – at Village Health and in home massage
- Craniosacral Therapy
- Deep Tissue Injury Treatment
- Lymphatic Drainage
- Reflexology
- Visceral Manipulation
- Naturopathy
- Nutrition Education
- Wellness & Personal Coaching

**541-684-3988**

Fax: 541-686-2279

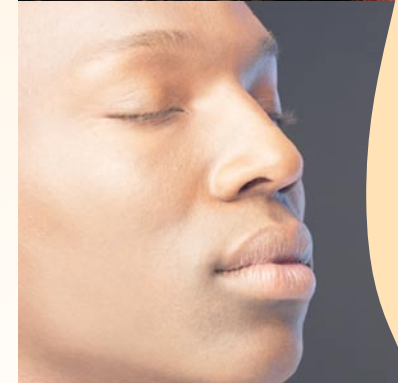
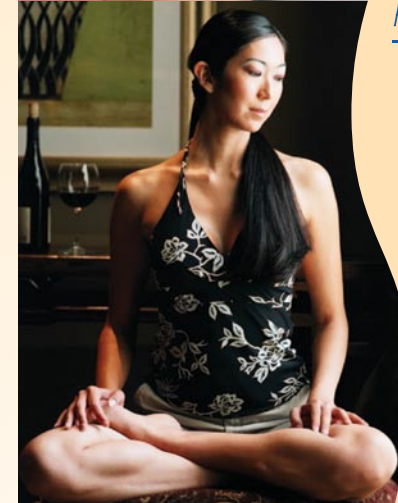
[www.villagehealthservices.com](http://www.villagehealthservices.com)



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1755 Coburg Rd. Bldg. 4, Suite 2  
Eugene, OR 97401



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Village Health: Holistic...Realistic is an integrative health care practice dedicated to helping our clients and patients live happy, healthy lives.

Village Health is a dedicated team of healthcare professionals serving in complementary areas of expertise. We work cohesively to treat all aspects of a person's health and well being by empowering our patients to become active participants of natural health care options. We currently offer chiropractic care, acupuncture, massage therapy, individual, family and couples counseling, nutritional counseling, holistic health care, naturopathy, imagery, energy healing and holistic addictions counseling. We aim to address your needs as a whole human being to take care of your mind, body and spirit.

We strive to create a supportive, peaceful, beautiful environment so that practitioners and clients are received and held in mutual respect, honesty and integrity.

With holistic models of care being adopted by more and more traditional medical settings, building a clinic that incorporates integrative health makes sense. It is realistic to approach ones entire body and mind when trying to heal and build health. Village Health is part of the changing tide of medicine that emphasizes educating people about how to achieve and maintain a natural state of health and well-being.



### ACUPUNCTURE

Acupuncture has been the standard of medical care in China for more than 3000 years. Acupuncturists treat the body as a system of organs interconnected by meridians and channels in which energy [chi] flows. Acupuncture has a broad range of applications in both chronic and acute disorders.

### CHIROPRACTIC TREATMENT

Chiropractic care is based on the theory that good health is a result of an undisrupted flow of nerve impulses from the brain and spinal cord to the rest of the body. A chiropractor makes adjustments to the skeletal system to promote and maintain the flow of nerve impulses to keep the body healthy. Chiropractic treatments can be used for spine and low back pain, neck pain, headaches and other persistent health concerns.

### COUNSELING

We work with children, adolescents, individuals, couples and families. All of our counselors work with an inclusive prospective integrating mind/body/spirit approaches to their therapy techniques. Client focus issues for counseling include: holistic addictions treatment, eating disorders, domestic violence, life transitions, mid-life issues for women and men, parenting, trauma recovery, pain management, depression, anxiety, grief, support for life threatening illness and the dying, self esteem enhancement, stress management, spirituality, and spiritual emergence.



### MASSAGE THERAPY

Massage is one of the oldest, simplest forms of therapy and is a system of stroking, pressing and kneading different areas of the body to relieve pain, relax, stimulate, and tone the body. We feature deep tissue injury treatment, lymphatic drainage, visceral manipulation, craniosacral therapy and reflexology techniques.

### NATUROPATHY

Naturopathic medicine is science-based, holistic philosophy and practice rooted in the healing power of nature. Focusing on prevention using natural substances and treatments, naturopathic doctors work with patients to support and stimulate the body's ability to heal itself.

### NUTRITIONAL EDUCATION

Combining nutritional knowledge from the ancient traditions and the most current concepts you will learn about a balanced way to feed your body that is right for you. There is no perfect way of eating that works for everybody. We believe in intuitive eating, based on the individual knowing that one person's food is another's poison.

### HEALING EVENINGS

Smell delicious, healthy food prepared and waiting for you as you receive a massage/energy healing treatment. These events can be customized for baby showers/blessing ways, birthdays, anniversaries, and any other occasion you would like to celebrate. Healing Evenings can take place at Village Health, in homes, or at other community locations.

### HOLISTIC HEALTH PRODUCTS

We have done our homework! We can recommend vitamins, minerals, supplements, non-toxic cleaning products, natural cosmetics, air & water filtration devices, electrical system and electronic device harmonization, food and liquid energy elevation, and more.



**Call today for your FREE new patient health assessment. You can also schedule appointments directly with the practitioner of your choice.**



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Eugene, OR 97401



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*Specializing in:*

- Allergy Desensitization
- Autoimmune Diseases
- Botanical Medicine
- Detoxification & Cleansing
- Gastrointestinal Disorders
- Intravenous Nutrition
- Musculoskeletal Disorders
- Nutrition & Weight Loss
- Structural Integration
- Women's Health

"In health there is  
freedom." - Amliel

Your next appointment  
at Village Health:

Date

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Time

**Integrated  
Health Care Clinic  
offering:**

- Acupuncture
- Addiction Treatment
- Chiropractic
- Counseling
- Massage Therapy
- Midwifery/Doula Care
- Naturopathy
- Nutritional Consultation
- Pain Management
- Wellness Coaching

Insurance Accepted • Billing Options

**Free Health & Wellness Assessment**  
- call to book yours today!